

Lonely Girl

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Choregraphie par : Maddison GLOVER

Description : 32 temps, 4 murs, Novice, Février 2016

Musique : Lonely Girl par Brinley ADDINGTON

Weave, Side, Touch, Kick-Ball Cross

1,2,3,4 Step R to R side, step L behind R, step R to R side, cross L over R

(First & third restarts occur here after count 4 facing 6:00)

5,6,7&8 Step R to R side, touch L beside R, kick L fwd onto L diagonal, step L together, cross R over L

Weave, Side, Touch, Kick-Ball Cross

1,2,3,4 Step L to L side, step R behind L, step L to L side, cross R over L,

5,6,7&8 Step L to L side, touch R beside L, kick R fwd onto R diagonal, step R together, cross L over R

(Second restart occurs here after count 16, facing 12:00)

¼ Forward Toe/Heel, ½ Back Toe/Heel, Back Rock/Replace, Shuffle Forward

1,2, Turn ¼ R touching R toe fwd, drop R heel (3:00),

3,4, Make ½ turn R touching L toe back, drop L heel (9:00)

5,6,7&8 Rock back onto R, replace weight fwd onto L, step R fwd, step L together, step R fwd

Rock Forward/Replace, Back, Lock, Back, Side, Cross Shuffle

1,2,3,4 Rock fwd onto L, replace weight back onto R, step back onto L onto L diagonal, lock/cross R over L

5,6, Step L back onto L diagonal, step R to R side (slightly back),

7&8 Cross L over R, step R to R side, cross L over R

Restarts: –

#1. During the third sequence, you will begin the dance facing 6:00. Dance to count 4 and restart facing 6:00.

#2. During the sixth sequence, you will begin the dance facing 12:00. Dance to count 16 and restart facing 12:00.

#3. During the ninth sequence, you will begin the dance facing 6:00. Dance to count 4 & restart facing 6:00.

– Choreographed for my Tunes in the Tropics FIJI workshops –

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