

# The Shape of You

**Count:** 32    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Trevor Thornton (Florida, USA) Branden Swift (January 2017)

**Music:** Shape of You by Ed Sheeran, iTunes

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## Count In: 16 ct Intro

### [1 – 8]R MAMBO FWD, L MAMBO BACK, ½ CHASE TURN L, ¼ PADDLE TURN X3

- 1 & 2            Rock fwd on R (1), recover weight to L (&), rock back on R taking weight (2) 12  
3 & 4            Rock back on L (3), recover weight fwd to R (&), rock fwd on L taking weight (4)12  
5 & 6            Step fwd on R (5), ½ turn L (&), step fwd on R (6) 6  
7 & 8 &        ¼ turn R while touching L to L (7) ¼ turn R (&) touch L to L (8) ¼ turn to R (&)3

### [9 – 16]STEP L, WEAVE L, ¼ TURN L SWEEP WITH R, CROSS, BACK X2, CROSS, ROCK BACK, ROCK FWD

- 1                Step L to L (1)3  
2 & 3            Step R behind L (2), step L to L (&), cross R over L (4) 3  
4 - 5 & 6        Make ¼ L stepping on L as you sweep R over L (4), cross R over L (5), step back on L (&), step back on R (6)12  
& 7 - 8         Cross L over R (&), rock back on R (7), recover weight fwd to L (8) 12

### [17 – 25]ROCK BACK, SLIDE FWD MAKING ¼ R, DRAG R MAKING ½ TURN R, TRIPLE FWD, MAMBO W/ ½ TURN L, ¾ TURN L, CROSSING SHUFFLE

- & 1            Rock back on R (&), slide fwd on L \*(1)12 / 3  
2            Drag R into L as you're turning ½ R w/ touch (2)9  
3 & 4        Step fwd on R (3), step together w/ L (&), step fwd on R\*(4) 9  
5 & 6        Rock fwd on L (5), recover weight back onto R (&), ½ L stepping fwd on L (6)3  
7 & 8 & 1     Make ½ turn L stepping back on R (7), ¼ turn L stepping L to L (&), cross R over L (8), step L to L (&), cross R over L (1)6

**\*StylingCt 1: Begin making a slight turn to the R here**

**Cts 3&4: Roll your body into the triple step.**

### [26 – 32]¼ TURN L, HITCH L, R PONY STEP, BACK ON R, ½ TURN ROLL OVER L (ARMS)

- 2 - 3        Make ¼ to L step L fwd (2), hitch L up taking weight back on R \*(3)3  
4 & 5        Step back on L, hitching R up (4), step down on R (&), step back on L as you hitch R up again (5)3  
6 - 8        Step back on R (6), point L toe back (7), slow ½ L turning on L taking weight \*Arms (8)9

**\*StylingOn 1st wall, you can throw your hands up on the hitch after he sings “throw your hands up” in the lyrics.**

**Ct 7-8: R arm moves like a wave as you slowly unwind or turn ½ to L.**

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